



## Garden Journaling

Journaling your garden experiences has many benefits. For young kids it's a good way to practice reading and writing. For older kids it's great for practicing writing scientific observations. It helps you know when to expect to plant and harvest, and when weather is good or bad.

Things to keep track of in a garden journal:

- Date
- Temperature (highs and low)
- Weather
- Activities like weeding, sowing seeds, planting, watering, etc.
- When sprouts break ground
- Expected and actual harvest days
- Future plans for your garden
- Results of any experiments if you do them.
- Drawings and art of your plants as they grow
- Anything else you observe!

If you keep notes on your garden for multiple years, the observations you make can be incredibly valuable!

The next (optional) step is to make it your own! Decorate your garden journal with color, drawings, doodles, stickers, and stamps. Practice planning your garden by sketching what the space will look like. Write poems about how your garden makes you feel. Draw a particularly pretty flower or pollinator. Add to your journal whatever creatively compels you.